



Move2Health Equity Coalition

Monthly Meeting

October 8th, 2025

AGENDA & NOTES

- **Welcome & Introductions**

- Jackie Martin (M2H), Dan Sullivan (Enroll VA), Hanna Strauss (M2H), Gregg Winston (M2H), KJ Howard (Food Justice Network/Cultivate Charlottesville), Bridget M. (CRHA), Wendy Gao (PHAR), Bobbie Williams (LWV), Barbara Yager (Bread & Roses), Peter Thompson (CAA), Jeri (YMCA), Alicia Lenahan, Willa Barnhardt (Cville Free Clinic), Elly Haden (UVA Health), Igor Kalina (PATH), Jane Colony Mills (Loaves & Fishes), Kris Miller (UVA Precision Health+),

- **Charlottesville Public Housing Association of Residents ([PHAR C'ville](#)); Presentation on West Main and community engagement**

- **Call to Action:**

- Sign & Send PHAR petition to BAR ([Link here](#))
- Follow [PHAR on instagram](#) & follow the [PHAR newsletter](#)
 - BAR Watch (2 Meetings) - to deny the certificate of appropriateness
 - Oct. 21 is the next meeting (72 hrs before is the only requirement to publish the agenda)
- City Council Public Comment
 - 10/20 is the next meeting
- Door knocking - Outreach to Wendy Gao (wendy@pharcville.org)

- West Main St. Campaign & Westhaven: 11 story luxury student housing (843 lot), next to Mel's cafe
- 3 ½ yrs Westhaven residents have been working to redevelop Westhaven (and the biggest project). Important the connection to West Main (1965 after the Vinegar Hill) & Westhaven was dug into the ground when it was built.
 - History walk memorializing Vinegar Hill and West Haven
 - Late May/June and developers just told residents they would be building this building
 - BAR (Board of Architectural review) the only body in the city that has the ability to reject this building (but only on structure, etc)
 - Built by right buildings; City can't reject the building or obtain the special use permit because of the zoning code from 2023
 - Necessary pressure on the board of architectural review & city council
- 7th st luxury apartment (7-10 stories) in Fifeville neighborhood
- Charlottesville Redevelopment and Housing Authority (Bridget)
 - Wellness Wednesdays
 - 6th st redevelopment & includes a health clinic
 - AEDs for all office sites (currently 2 for 4 office sites)
- **Medicaid Assisters (Gregg)**
 - Link to sign up here: <https://forms.gle/SGXx1MsuP2UTrfmCA>
 - Flyer [link here](#)
 - Application & renewal process
 - ~10 hours of training involved & exam at the end (80% to pass)
 - Reach out to Dan & Gregg for support since the training tries to trip people up in every process
 - Open book test & you can download the slides
 - The Medicaid documentation is now going to be part of SNAP qualification, every 6 months
 - Timeline on completing the training:
 - Call centralized number, unknown criteria (have you ever had counseling before, answer should always be no)
 - Supported by the GOOD foundation that specifically work with Black

churches and we'll have a flyer for that [here](#)

- **SNAP Meeting (9/15)**

- Blair Smith (DSS), word of honor at the state level & now there is required proof
- Meeting minutes [linked here](#)

- **Organizational Updates**

- Charlottesville Area Alliance / CAA (Peter Thompson) - 24 organizations that are working to make a more age friendly area (looking at public transportation, pedestrian walkways, and etc.) Partnering with BPAC
 - <https://charlottesvilleareaalliance.org/>
 - CARTA - <https://www.cvilletomorrow.org/carta/>
- PATH (Igor Kalina)
 - Good together, CAA - Jaunt & CAT, AARP, MPACT, etc. Profiles of different folks of people using transit
 - <https://pathva.org/path-helps-elevate-older-adults-voices-in-region-10/>
 - Hiring a Transportation Assistant (Helpline & Free Transportation Training & Gathering Data)
<https://tjpd.org/apply-path-transportation-assistant/>
- YMCA (Jeri)
 - Piedmont aging (Info to follow)
- Cultivate Charlottesville & Food Justice Network (KJ)
 - Annual pumpkin painting (21st 3-5pm @ 708 Page St./City of Promise)
 - Pumpkins, paint, and snacks provided
 - Garden Opportunities:
 - Wednesday (10-12:30) workday UAC team at West st garden
 - Ever Friday 10-12 at City of Promise (708 Page St.)
 - Food Justice Network, Large Group meeting 10:30-12
 - Parks & Rec advisory board meetings every 3rd thursday 5-6:30
 - Waiting to hear about plans for Washington Park 2026-2027

- **Upcoming Events & Community Engagements**

- MAPP2Health: <https://www.vdh.virginia.gov/blue-ridge/mapp2health/>
- Rides2Things: [https://airtable.com/app0n4rYqCHTkvUQe/pagXreGr307eC3tjc/form](https://airtable.com/app0n4rYqCHTkvUQe/pagXreGr307eC3tjc/form&ridesthings@gmail.com) & ridesthings@gmail.com
- JABA's podcast: <https://www.jabacares.org/aging-revolution>
- [https://medicareadvocacy.org/as-government-shuts-down-administrati](https://medicareadvocacy.org/as-government-shuts-down-administration-of-the-medicare-program-largely-continues/?emci=6c14e660-a09f-f011-8e61-6045bde8ba4&emdi=bfc22104-b99f-f011-8e61-6045bde8ba4&ceid=14066483)
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[8ba4&ceid=14066483](https://medicareadvocacy.org/as-government-shuts-down-administrati)

*We are now faced with the fact that tomorrow is today. **We are confronted with the fierce urgency of now.** In this unfolding conundrum of life and history, there “is” such a thing as being too late. This is no time for apathy or complacency. This is a time for vigorous and positive action.”* Dr. Martin Luther King, Jr.