



Move 2 Health Equity Monthly Meeting Agenda

April 8th, 2026

- Welcome & Introductions
 - Jackie Martin, Gregg Winston, Bonita Patton, Jeri Evans, KJ Howard, Dan Sullivan, Barbara Yager, Kristin Miller, Stephanie Lowenhaupt, Nevin Philip, Peter Krebs, Greg Gelburd, Hanna Strauss
- Can Charlottesville be a Blue Zone? Event discussion
 - Could Charlottesville be a Blue Zone?
 - M2HE Event Page:
<https://m2hequity.com/event/can-charlottesville-be-a-blue-zone/>
 - Saturday, April 25th, 10am-12pm at Commonhouse
 - Group of 40-50 people; open to the public
 - Focus on 4 Areas of the Power of 9;
<https://www.bluezones.com/2016/11/power-9/>
 - **Concept:** Blue Zones are about community and longevity. Do you have some that can take you to the Dr's office. Having a reason to get up in the morning & harder to measure. Movement is another goal. Eating well is another goal.
 - MAPP2Health, Social determinants of health, plus pieces about belonging and purpose
 - Opening with Jackie, Greg, and Gregg - leading into group discussions with facilitators around the 4 categories in the Power of 9 & a closing discussion
 - Following the event - M2He meetings with presentations around the building network & relevant speakers
 - **Ask:** Community stakeholder invites
 - Greg's goal of 5 year plan with a tax exempt organization
- Community Updates & Events
 - **Cultivate Charlottesville** - Community surveys in partnership with CRHA (Westhaven, 6th st, s 1st, and crescent halls, midway manor) 32 surveys & 2 at westhaven

- To plant veggies folks want (ie okra, pole beans, mint, etc)
- Learn what programming or services folks want to see
- Harvest of the Month - Basil into pesto with the kids
- City of Promise arts and crafts event with garden work
- **Access to Healthcare Action Team**
 - Medicaid Assister & Advocate Program;
 - 50+ folks signed up & 30 folks trained
 - To assist in the renewal & sign up process for Medicaid
 - Rural Health Clinics in partnerships with BRHD, UVA ED, and Free Clinic
- **Jackie Martin, UVA Health, Starting Community Health Station at The Point (The Haven, Salvation Army)**
 - Spaces to gather
 - Speak to residents at Crescent Halls - teaches people to make different crochet items (and large area for outdoor seating)
- **Jackie Martin, UVA Health, 3rd Annual Senior Expo at Brooks Family YMCA (May 2nd 10am-12:30pm)**
 - If you bring services to seniors, opportunity to table - get in contact with Jackie Martin and Jeri Evans
 - 15 minute exercise class
 - Long term care & brown bag
- **Jackie Martin, UVA Health, 2nd Annual Festival of Cultures at Brooks Family YMCA (June 6th 12-3:30pm)**
 - Interpreters in 6 different languages
 - YMCA available to register folks
 - Food trucks and
- **Jackie Martin, GOOD Foundation, Panel on Black Health at Jefferson School of African American Heritage Center (April 14th - Doors at 5:30pm)**
- **Peter Krebs, PEC, May is Bike Month! - tons of events throughout the month**
 - Group rides & many novice friendly rides from city market
 - Family bike day at McIntire Park
 - Bike, walk, and roll to school - May 6th
 - Bike to work business challenge (scored by miles)
 - Tons of events starting in April actually! Group rides for people of all levels, family events, bike repair clinics, etc. Info at <https://bikecville.com/>
 - We also need volunteers for many of these events. Volunteer registration here: <https://bit.ly/cvillebikemonth>

- **Jane Colony Mills, Loaves & Fishes Food Pantry**, Currently hiring:
 - **Warehouse Associate (part- or full-time)** works alongside staff and volunteers to rescue and distribute free food to community members.
 - **Administrative & Systems Coordinator (full-time)** supports Loaves & Fishes' operational and administrative functions, including human resources, customer service, and monthly reporting to the Blue Ridge Area Food Bank.
 - Click on job titles above to read job descriptions and apply.
- **Hanna Strauss, Blue Ridge Hunger Action Coalition** - April 14th
 - HACblueridge@gmail.com
- **Hanna Strauss, Cville Feeding 500** - Effort to turn local gleaned and donated produce into bulk meals for local food distribution networks through nutrition education and work force development classes at partnered commercial kitchens
- **Mary Sherrill, CvilleVegEd**, April 18th 11-4p at Unitarian Univ church on Rugby. CvilleVegEd (**CVeg**athering).
Speakers/activities enlightening us about the equity of plant based nutrition on health/chronic diseases, disproportional impact marginalized communities, & the Blue Zone connection in the minutes today. The week before your TomTom BZ gathering.
 - Been hosting trainings about plant based nutrition at The Center, and membership is not required
 -  CVeg flyer QR.pdf
- Earth day (56th anniversary) April 22nd, 2026
- **TJPDC & PATH**, CRHA public meetings regarding public transit & support for special education travel training to students in Louisa & Fluvanna (Jaunt service and how to make a reservation & take the ride to common locations). Presentations are resuming at The Center
 - Transportation Assistance Fund:
<https://pathva.org/assistance-fund/>
 - More information about PATH Workshops and Travel Training: <https://pathva.org/workshops/>
- **Kristin Miller, UVA**, 5th Annual Healthy Streets, Healthy People event is Saturday, May 30 this year, 11-3 pm, lower section of Washington Park
 - Same DJ as last year, activities for kids and families, etc.
 - Still looking for tablets, email Kristin Miller
- **Barbara Yager, Bread & Roses** - kitchen renovation
- **Stephanie Lowenhaupt, LWVA VA** - met with Senator Deeds and more updates to come regarding Data centers

- April 23rd to approve the state budget & then goes to the governor
- Virginia passed legislation so that the equipment and infrastructure for data centers
- <https://www.vpm.org/generalassembly/2026-03-12/budget-data-center-tax-break-scott-lucas-spanberger-torian-rep-hann>
- **Bonita Patton, Brooks YMCA**
 - Free summer teen membership (opens in May; June 1st -August 31st)
 -  UVAH_SeniorHealthWellnessExpo_2026.pdf
 - Day of Prayer; 8am - Friday, May 1st - Various clergy & government officials coming
 -  Day of Prayer Speaker Flyer.pdf
 - Annual Healthy Kids Day; April 18th 12-2pm

Can Charlottesville be a Blue Zone? Event Invitation:

On Saturday, April 25th from 10am-12pm at [Commonhouse](#) on the Downtown Mall in Charlottesville, Move2Health Equity Coalition will be partnering with the [TomTom festival](#) to host a FREE community discussion around the question of, "[Can Charlottesville be a Blue Zone?](#)".

Community members, organizations, and collectives are invited to join one of four small discussion groups during the session. In which folks will network and collaborate to identify collective goals, active stakeholders, and work towards a stronger network in the Charlottesville area.

This event will be opened by Move2Health Equity Co-Chairs Jackie Martin and Gregg Winston as well as Dr. Greg Gelburd. They will introduce our community leaders that will facilitate smaller group discussions and networking around the Blue Zone concepts within the [Power of 9](#). These discussions will be closed out by the coalition Co-Chairs at the end of the event. The momentum of this event will continue in the monthly coalition meetings in the form of presentations and continued discussions from identified stakeholders around longevity, accessibility, and purpose - among other topics benefiting the health and wellbeing of those in the Charlottesville area. The coalition and our community partners invite everyone with a vested interest in the health of our neighbors to join us on Saturday, April 25th!

*We are now faced with the fact that tomorrow is today. **We are confronted with the fierce urgency of now.** In this unfolding conundrum of life and history, there “is” such a thing as being too late. This is no time for apathy or complacency. This is a time for vigorous and positive action.”* Dr. Martin Luther King, Jr.