



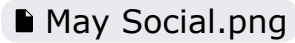
Move 2 Health Equity Monthly Meeting Agenda

May 13th, 2026

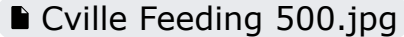
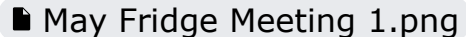
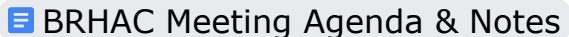
- **Welcome & Introductions**
 - Jane Colony Mills (Loaves & Fishes Food Pantry), Sadhbh O'Flynn (C3), Reed Chrobak (C3 Intern & Green Team Alliance), Sarah King (Population Health at BRHD), Bonita Patton (VP of Community Engagement at Piedmont Family YMCA), Igor Kalina (Transportation Councilor at PATH), Nevin Philip (UVA Student & Access to Healthcare Intern), Willa Barndhardt (Executive Director of Charlottesville Free Clinic), Gabe Sherzada (Climate Program with City of Charlottesville's Office of Sustainability), Elly Haden (Dietitian at UVA Health Dietitian team), Gregg Winston & Jackie Martin & Hanna Strauss (Move2HealthEquity)
- **Presenter: Sabhdh O'Flynn, Climate Justice Policy Manager, Community Climate Collaborative (C3)**
 - We do a lot of climate policy advocacy and are based in Charlottesville and Richmond. You've heard me talk over the last few months about the [Fluvanna gas plant](#). So you've heard us talk about advocating around local policy like the [Albemarle solar ordinance](#). Anything that touches on climate, we're touching on it in some capacity.
 - Working on in the moment- Last year (2025) Charlottesville Gas released a [decarbonization study](#) to move Charlottesville away from gas. Early in the study they found they wouldn't be able to move away from gas (due to legal and other reasons) so they are looking at climate offsets. C3 is working with the southern poverty law center to go further with the city and the study to dig into the legal and larger landscape, with the goal to

- transform the city from majority gas utility to more renewable energy. First scenarios are going to be coming up pretty soon (summer) and today were mapping out targeted engagement.
- We'll be looking for Move2Health Equity partners and health expertise into this document (in comms and getting the word out to the community).
 - Learning about community knowledge and baseline about usage of gas in the home and health impacts.
 - Working with the center for community partnerships to find base knowledge of health impacts and climate change, but finding that there is not really any knowledge about impacts.
 - Looking to have more focus sessions and partner groups. Working on pathways to move off gas like heat pumps.
 - Reed Chrobak, C3 Intern & Green Team Alliance
 - Sign & Share their letter here: <https://secure.everyaction.com/b7tg7X2YP0WP4HAHJzLV3w2>
 - Please add your signature to the letter and share (bit.ly/GTARecyclingComposting) to promote better recycling and composting practices in the Albemarle and Charlottesville Public Schools!
 - Reed is a junior at Community Labs in Albemarle schools. "I started the green team alliance to unite clubs across schools and meet every month to create a united approach to all schools. Inconsistencies with recycling and composting (due to lack of education and contaminations). Students are taking time out of their schedules to sort and clean recycling and compost. Going to city and county . paper and metal only approach since plastic is the biggest contaminant. Clearly labeled recycling containers. Paper towel composting. Community outreach and education around composting and recycling. Slow systemic management of janitorial staff. Just over 100 signatures on the petition. Sharing these petitions with the school boards by the end of the month. Looking for business signatures and wide sharing"

health and care. Survey (works best off of a phone - due on may 24th)


- (3) Composting - looking to extend the residential program since it's pretty bare bones. Trying to get a new bin that the contractor (black bear) will accept. Hoping for a roll out soon
 - DEQ grant - composting and creative and innovative partnerships - potential to extend composting for students that are living off grounds with plan to meet with them
- (4) Climate Cafe - Friday, May 15th 9:30am-11 at Botanical
 - Stewarding tree canopy - what promoting access to the outdoors does for our health (micro mobility)
 - Charlottesville became a biophilic city & blue zones - leaning into green space and color
 - Community led space where people can talk about their climate & emotions (format is to create a space of connecting around sustainability and how to get involved in local action)
 - They are hosted every other month and C3 has been a huge partner
 - July Cafe - Potentially around plastic free month (maybe focused on single use plastic & what the city is doing right now?)
 - Could be the first step in the community campaign
 - Could also be around de-carbonization study with C3
- (5) Next steps; Heat care with the city
 - Distributing materials (electrolyte bags, fans, etc)
 - Prolonged heat exposure connection & zines
- Looking for partnerships
- Access to Healthcare: Medicaid Assisters
 - Medicaid Assister & Advocate Social (5:30pm)
 - Flyer: 
 - Updates around requirements & continue networking with partners (health care institutions, DSS, assisters, etc)
 - The toolkit has been mailed out & they began coming in the mail last week
 - Medicaid Assisters started to create a cadre of people to work collaboratively with DSS around enrollment and re-enrollment. Sign ups to become a medicaid assister are always open.

Working to help people maintain coverage. Reach out to M2HEquity@gmail.com

- This program came about through seeing some of the impact from the Big Beautiful Bill and millions of people losing healthcare coverage, mostly on the ACA plans. People losing subsidies to reduce their costs are dropping out in the current situation. [Kaiser family foundation](#) has done a study on the impacts since January - 14% of people have failed to make payments on their premiums (~3 million folks). The reduction in subsidy is \$900 a month (12k a year).
- 2 issues with the medicaid plan: having to re-enroll every 6 months and work requirement
- VA has started to look at how they are working with work requirements - 80 hours on a monthly basis (documenting hours or money - via school, volunteering, etc - \$580 a month)
 - Requires written guidance from federal regulations and utilize the soft guidance (comes out in June 1st)
- Examples in other states are looking bleak; Nebraska started May 1st with work requirement as part of pre-compliance
- Expect lots more updates from June to the end of the year
- Access to Healthcare: Rural Healthcare Outreach -
 - Came about through engagement with UVA Health ED Global Outreach team & the question of 'how can the team work with local rural communities?'. Brings together the Charlottesville Free Clinic, UVA ED, Blue Ridge Health District, and Move2Health Equity to figure out how to take primary care to high risk areas utilizing free mobile care units.
- Healthy Food Systems (Blue Ridge Hunger Action Coalition+)
 - Cville Feeding 500; More information to come! Flyer: 
 - Community Free Fridges; Community meeting on May 31st at 2pm at the Friends House. Flyer: 
 - Meeting Notes & Recording (with SNAP & public benefits updates): 
- Healthy Spaces (Blue Zones Working Group)
 - Event Recap - TomTom: Can Charlottesville be a Blue Zone?
 - Blue zones film: <https://vimeo.com/631246490?fl=pl&fe=sh>

- Facilitators: Shelly Wood (Interim Co-Ed of the Women's Initiative), Carmelita Wood (President, Fifeville Neighbor, Peter Krebs (Piedmont Environmental Council), Hanna Strauss (M2H & BRHAC)
 - 40 people in attendance & interest in exploring this topic
 - Dr. Gelbrud leading Healthy Spaces Action team
 - Reach out to M2HEquity@gmail.com to join the email list
 - Refocus: Strategic doing cycle
 - Community coalition action theory, Collective impact model, Strategic doing, Focus on community engagement
 - Salina Cozart coming back and doing a refresh?
- **Community Updates & Events**
 - Question for follow up: Has anyone heard about folks losing SNAP benefits with the new implementation. Work requirements in Virginia
 - Can we get updates from DSS and get some statistics - Kelly Logan (CDSS) invited to next meeting
 - Increased impact on non-SNAP food providers
 - CHIP work is continuing; Healthcare access & Healthy Food Access - Sarah King is looking for folks to connect w/ folks
 - sarah.king@vdh.virginia.gov; 804-971-6251
 - Connect w/ Access to Healthcare
 - **Kristin Miller, UVA**, 5th Annual Healthy Streets, Healthy People event is Saturday, May 30 this year, 11-3 pm, lower section of Washington Park
 - Still looking for tablets, email Kristin Miller
 - **Jackie Martin, UVA Health**, 2nd Annual Festival of Cultures at Brooks Family YMCA (June 6th 12-3:30pm)
 - Interpreters in 6 different languages
 - YMCA available to register folks
 - Food trucks and
 - **Peter Krebs, PEC**, May is Bike Month! - tons of events throughout the month - Group rides for people of all levels, family events, bike repair clinics, etc.
 - Info at <https://bikecville.com/>
 - Volunteer registration here: <https://bit.ly/cvillebikemonth>
 - **Bonita Patton, Brooks YMCA**

- Free summer teen membership (opens in May; June 1st -August 31st)

 UVAH_SeniorHealthWellnessExpo_2026.pdf

*We are now faced with the fact that tomorrow is today. **We are confronted with the fierce urgency of now.** In this unfolding conundrum of life and history, there “is” such a thing as being too late. This is no time for apathy or complacency. This is a time for vigorous and positive action.”* Dr. Martin Luther King, Jr.

Flyers:

Charlottesville Community

Fridge Meeting



Interested in Community Free Fridges?

Join us for a community conversation around existing fridges in Charlottesville & other cities, local needs, and frequently asked questions around community fridges.

Let's connect!



HACBlueRidge@gmail.com

<https://tinyurl.com/CvilleFridges>



May 31st



2:00 PM



**Friends Meeting House
1104 Forest St,
Charlottesville, VA**

**Built a community fridge? Read about community fridges?
Donated to a community fridge? Eaten from a community
fridge? Never heard of a community fridge? Join the
meeting! We want to talk and learn together!**

RSVP @ THEGREENANDBLUECAFE.EVENTBRITE.COM

WHERE BIOPHILIA MEETS BLUE ZONES

A CLIMATE CAFÉ

FRIDAY, MAY 15TH
@ BOTANICAL
FROM 9:30 TO 11 AM

Learn how access
to green spaces
improves health
outcomes

Featuring

Connect with
opportunities to
support local
initiatives



Piedmont
Environmental
Council



BIKE / WALK

ESTD — Cville — 2015



move
2 HEALTH
EQUITY

RSVP
TODAY!



BOTANICAL FARE
421 E MAIN STREET
CHARLOTTESVILLE, VA 22902

May 15, 2026

botanical
plant-based fare



CHARLOTTESVILLE
Acting on Climate Together



