

a very short guide to



open 24/7

@

1104 Forest St, Charlottesville VA

What is a Free Community Fridge?

Community fridges are public refrigerators set up in accessible locations stocked with fresh food & maintained by the community. Anyone can donate surplus food, & anyone can take what they need!

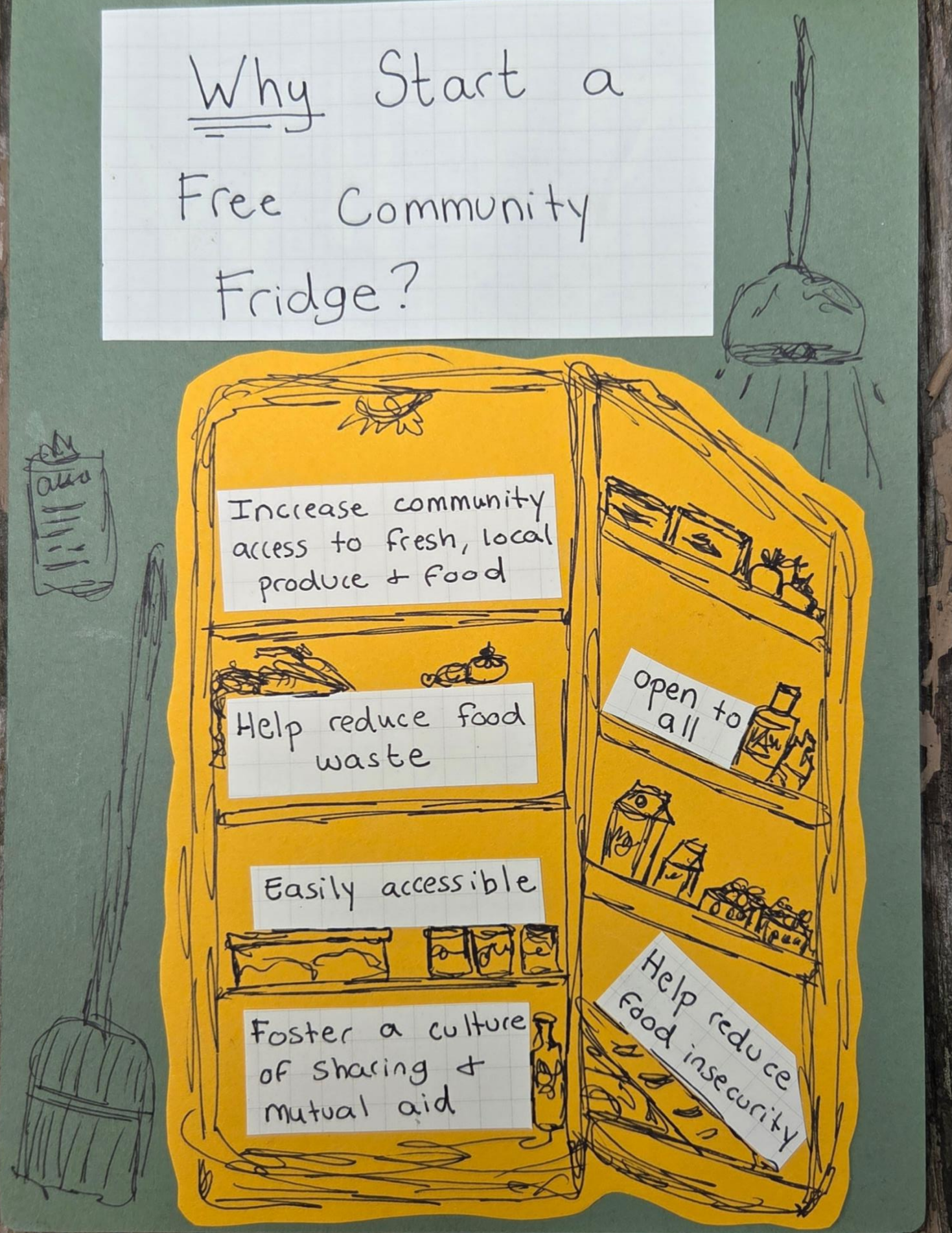
Free for everyone!

Take what you need!

Leave what you can!



Why Start a Free Community Fridge?



Increase community
access to fresh, local
produce + food

Help reduce food
waste

Easily accessible

Foster a culture
of sharing +
mutual aid

open to
all

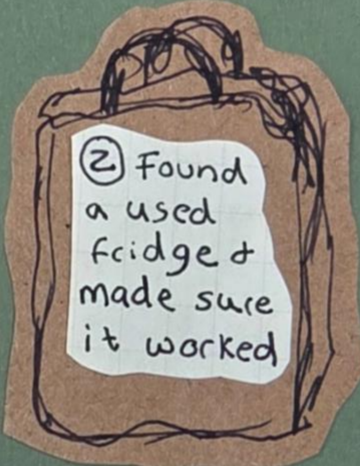
Help reduce
food insecurity

How We Started the Friends Fridge

The steps we took to do it:



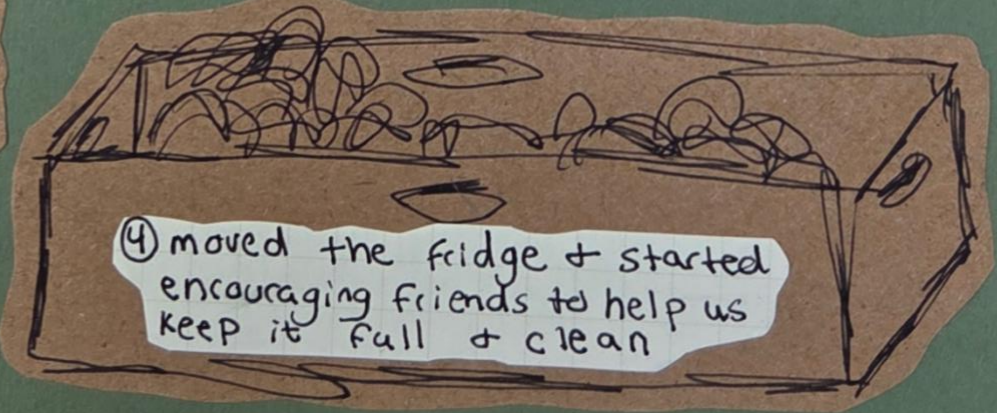
① made sure our community wanted a fridge by talking to our neighbors & folks at the Friends Quaker meeting House.



② Found a used fridge & made sure it worked



③ built a structure



④ moved the fridge & started encouraging friends to help us keep it full & clean

Other Charlottesville Community

Fridges:



Visible Records

↳ 1740 Broadway St.

- open 24/7

The Beautiful Idea

↳ 411 E Main St.

- open during store hours
(closed M; Tu, W, Th 11-8;
F, Sa 11-9; Su 11-7)

The Haven

↳ 112 W Market St.

- open M-F 7am-5pm;
weekends 7am-12pm;
closed daily 12-1 for staff
lunch.



Community Fridge Guidelines:



① Avoid unnecessary contact with food items to prevent contamination.

② If food has gone bad or packaging has been opened, please throw it away.



③ please make sure every item has an expiration date & discard expired food.

④ If donating premade meals, please list the ingredients & date prepared.

⑤ Please put new donations towards the back of the shelves so food gets eaten in the order donated.

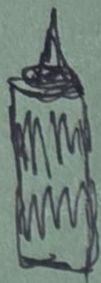
⑥ If you notice or cause a spill, please clean up after yourself whenever possible.



⑦ If you notice something needs a cleaning or maintenance, please get in touch via email.

⑧ Please make sure your hands are clean before accessing any thing.

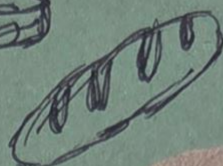
⑨ Please do not donate something you wouldn't personally consume.



What to Donate



Yes ☺

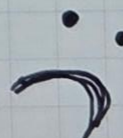


No ☹

- sealed packaged food
- Fresh Fruit & vegetables
- Pastries & bread
- cheese
- table sauces
- Fresh eggs w/ use by date
- Pasteurized milk & yogurt
- cured, sealed meat



- raw meat
- raw milk
- raw fish
- unlabeled food
- undated food
- opened items
- alcohol



Get in Touch!

email us!

friendsfreefridge@proton.me



Follow us!

@littlefreefridgeville